

DELIVERY MENU



ROBATAYAKI & SUSHI

FOR DELIVERIES PLEASE CALL

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H A R U



CEDRE VILLAS COMMUNITY CENTRE,
DUBAI SILICON OASIS

THE MARKET, GREEN COMMUNITY

Haru
ROBATAYAKI



Haru

ROBATAYAKI & SUSHI

The restaurant specializes in Robatayaki dishes, which are "little eats" like squid rings, chicken with asparagus, beef with spring onion and salmon to name a few, which are grilled to perfection on the Robata grill, each preparation served with its own selection of sauces. Those looking for the traditional favorites can savor Tempura's, Teppenyaki, salads and a selection of Sushi & Sashimi, prepared with the freshest catch.

Robatayaki

(Cooked over open fire, Robata dishes feature small eats, each served with one of Haru's signature sauces)

- 1 Asuparagasu, Shitake & Nasu (V)** 24.00
Char-grilled green asparagus, shitake mushrooms & eggplant served with teriyaki and ginger sauces
- 2 Gyuniku Hire** 24.00
Beef tenderloin, grilled Robata style, with Japanese steak sauce
- 3 Sake** 34.00
Grilled salmon fillet served with ginger & Pommery mustard sauces
- 4 Ebi** 34.00
Char-grilled prawns served with wasabi mayonnaise
- 5 Tori To Asuparagasu** 29.00
Chicken wrapped asparagus spears, served with sesame mayonnaise
- 6 Ika** 28.00
Squid rings, char-grilled with schimi pepper, served with balsamic sauce & garlic mayonnaise
- 7 Negi Gyuniku** 26.00
Spring onion wrapped in thinly sliced beef, served with steak & chili sauces
- 8 Chicken Yakitori** 20.00
Char-grilled chicken skewers, served with teriyaki & chili sauces
- 9 Tuna Kushiyaki** 38.00
Char-grilled tuna skewers, served with creamy kimchee sauce

Zensai

Appetizer

- 10 Gyoza** 25.00
Pan-fried chicken dumplings
- 11 Edamame (V)** 20.00
Soy beans sprinkled with Okinawa salt / Spicy sauce
- 12 Tori Furai** 25.00
Deep fried panko crusted chicken tenders served with agemano sauce
- 13 Yasai Tempura (V)** 22.00
Assorted vegetables dipped in light tempura batter, served with grated radish, ginger & tempura sauce
- 14 Ebi Tempura** 35.00
Prawns dipped in light tempura batter, served with grated radish, ginger & tempura sauce

- 15 Tempura Moriawase** 35.00
Assorted tempura (prawn, hammour, vegetable) served with grated radish, ginger & tempura sauces
- 16 Age Dashi Tofu Tempura** 32.00
Spicy tempura battered tofu, deep fried and served with tempura sauce

Shirumono and Salads

Soups and Salads

- 17 Miso Shiru (V)** 12.00
Homemade soup prepared with a light dashi stock & white miso paste
- 18 Osuimono** 24.00
Clear dashi broth with shrimp, chicken, fish & shitake mushrooms
- 19 Yasai Salad (V)** 19.00
Mixed baby greens with soy ginger vinaigrette
- 20 Seaweed Suno Mono (V)** 19.00
Mixed seaweed salad with ponzu vinaigrette
- 21 Tuna & Avocado Salad** 35.00
Sliced tuna & avocado served on a bed of mixed leaves, drizzled with sour wasabi sauce
- 22 Tori & Tofu Salad** 22.00
Chicken & tofu served on a bed of salad, tossed in a sesame miso dressing
- 23 Kani & Mango Salad** 27.00
Julienne of crab, mango & cucumber tossed in Haru's signature salad dressing
- 24 Ebi Spicy Salad** 40.00
Spicy prawn and mushroom salad tossed in our speciality house sauces

Sushi

Maki

- 25 Spicy Tuna Roll** 29.00
Tuna, spicy sauce, cucumber & spring onion
- 26 California/Crispy California Roll** 29.00
Salmon, crab stick, prawn, avocado & cucumber rolled in your choice of sesame seeds or tempura bits
- 27 Avo Salmon Roll** 32.00
Salmon, avocado, lettuce & tobiko
- 28 Tempura Roll** 32.00
Prawn tempura & lettuce topped with crisp tempura bits

29 Sake/Maguro Roll	39.00
Cucumber & avocado rolled in your choice of salmon or tuna sashimi	
30 Grilled Veggie Roll (V)	29.00
Shitake mushrooms, asparagus & zucchini	
31 Crispy Salmon Skin Roll	25.00
Salmon skin, cucumber, avocado & teriyaki sauce	
32 Crispy'n Spicy Roll	32.00
Cucumber, avocado, crab stick & tempura bits with spicy mayonnaise	
33 Teritori Roll	26.00
Teriyaki chicken, cucumber & spring onions	
34 Tiger Ebi	26.00
Tiger prawn tempura, crabsticks & tobiko	
35 Arctic Roll	26.00
Salmon, crabsticks, avocado & tempura bits wrapped in rice paper	
36 Spicy Kamo Roll	26.00
Grilled duck breast & spring onion	

	Sashimi	Nigiri	Gunkan	Hand roll	Hosomaki
	(5pcs)	(2pcs)	(2pcs)	(1pc)	(1pc)
37 Tuna	30.00	22.00	22.00	18.00	20.00
38 Salmon	27.00	20.00	20.00	16.00	20.00
39 Crab stick		18.00	20.00	15.00	20.00
40 Prawns	39.00	20.00	25.00	20.00	
41 Eel		26.00	32.00	36.00	
42 Cucumber					8.00
43 Avocado					8.00

Moriawase

Assorted Maki & Sashimi

44 Sashimi Ume	45.00
Fresh cuts of tuna, salmon, prawn, crabsticks & eel (9pcs)	
45 Sushi & Maki Take	59.00
3 pcs each of prawn & salmon nigiri, 3 pcs each of spicy tuna & grilled veggie rolls (12pcs)	
46 Maki Take	54.00
6 pcs of tempura roll with 3 pcs each of spicy tuna & salmon skin roll (12pcs)	

47 Sushi & Sashimi Take	75.00
3 pcs each of salmon, tuna & hammour sashimi, 2 pcs each of salmon & tuna nigiri & 1 pc each of crab stick & tamago nigiri (15pcs)	
48 Maki Matsu	99.00
6 pcs of salmon skin, avo salmon, tempura California rolls (24pcs)	
49 Salmon/Maguro Zukashi	48.00/50.00
3 pcs of salmon or tuna sashimi, 3 pcs of salmon or tuna nigiri & 4 pcs of salmon or tuna maki (10pcs)	
50 Spicy Maki Moriawase	40.00
3 pcs of spicy tuna, California & salmon skin rolls (9pcs)	
51 California Moriawase	40.00
3 pcs each of California, spicy California & crispy California rolls (9pcs)	
52 Moriawase Take	140.00
10 pcs of assorted sashimi, 8 pcs of assorted nigiri & 12 pcs of assorted maki (30pcs)	
53 Moriawase Matsu	280.00
15 pcs of assorted sashimi, 12 pcs of assorted nigiri, 30 pcs of assorted maki & 3 pcs of hand roll (60pcs)	

Nigiri Moriawase Assorted Nigiri

54 Salmon, tuna & crab stick (3pcs)	25.00
55 Salmon, tuna, hammour, crab stick & prawn (5pcs)	35.00
56 Salmon, tuna, hammour, prawn & mackarel (7pcs)	45.00
57 Salmon, tuna, hammour, prawn, eel, crab stick & mackarel (9pcs)	55.00

Teriyaki (Served with mixed vegetables and rice)

58 <i>Tori</i> - Chicken	25.00
59 <i>Gyuniku</i> - Beef	30.00
60 <i>Ebi</i> - Prawns	45.00
61 <i>Sake</i> - Salmon	52.00
62 <i>Tofu (V)</i> - Bean Curd	25.00

Teppanyaki Cooked on a flat griddle

63 <i>Tori Momo Niku</i>	30.00
Teppanyaki chicken served with ginger & ponzu sauces	
64 <i>Gyuniku Hire</i>	35.00
Diced cube roll steak served with shitake mushroom & steak sauces	

65 Sake	50.00
Salmon steak with miso-dashi cream & ponzu sauces	
66 Hata	50.00
Hammour fillet served with garlic sauce & Pommery mustard mayonnaise	
67 Ebi	60.00
Teppanyaki prawns served with chili sauce & garlic mayonnaise	
68 Yasai Moriawase	26.00
Assorted vegetables served with spicy mayonnaise & Balsamic sauces	
69 Horenso/Jagaimo	12.00
Spinach/Fried potato served with garlic sauce	
70 Kinoko Moriawase	26.00
Assorted mushrooms served with speciality house sauce	
Yakimeshi Matawa Udon Fried Rice or Fried Noodles	
71 Yasai (V)	25.00
Vegetable	
72 Tori To Yasai	28.00
Chicken & vegetables	
73 Ebi To Yasai	40.00
Prawns & vegetables	
74 Gyuniku To Yasai	30.00
Beef & vegetables	
75 Nin Niku	15.00
Garlic fried rice	
76 Gohan	10.00
Steamed rice	
Don (Rice)	
77 Oyako Don	27.00
Chicken, vegetables & egg cooked in donburi sauce served on a bed of rice	
78 Unagi Don	59.00
Grilled eel, served on a bed of steamed rice	
79 Ten Don	50.00
Assorted tempura (prawn, hammour, vegetable) served on a bed of steamed rice	
80 Chirashi Don	60.00
Assorted sashimi served on a bed of sushi rice	

Katsu Don

(Choice of breaded beef or breaded chicken with vegetables cooked in Donburi sauce served on a bed of rice with egg)

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| 81 <i>Gyuniku</i> - Beef | 25.00 |
| 82 <i>Tori</i> - Chicken | 25.00 |

Kimchee Don

(Choice of teppan beef/chicken/prawn or deep fried tofu cooked in a spicy Kimchee sauce served on a bed of rice with egg)

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| 83 <i>Gyuniku</i> - Beef | 25.00 |
| 84 <i>Tori</i> - Chicken | 25.00 |
| 85 <i>Ebi</i> - Prawns | 35.00 |
| 86 <i>Tofu</i> - Bean Curd | 25.00 |

Udon & Soba

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| 87 <i>Zaru Soba Matawa Udon (V)</i> | 22.00 |
| Buckwheat or udon noodles served cold with dipping sauce & condiments | |
| 88 <i>Kake Soba Matawa Udon (V)</i> | 25.00 |
| Hot soup of spinach, seaweed, spring onion, tempura bits & buckwheat or udon noodles | |
| 89 <i>Tempura Soba Matawa Udon</i> | 48.00 |
| Hot soup with assorted tempura and buckwheat or udon noodles | |
| 90 <i>Tori/Gyuniku Tamago Soba Udon (Chicken/Beef)</i> | 38.00/40.00 |
| Hot soup with sliced chicken or beef & egg with buckwheat or udon noodles | |

Yaki Soba

(Egg Noodles served with mixed vegetables)

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| 91 <i>Gyuniku</i> - Beef | 30.00 |
| 92 <i>Uminosachi</i> - Mixed seafood | 40.00 |
| 93 <i>Tori</i> - Chicken | 30.00 |
| 94 <i>Yasai</i> - Mixed vegetables | 25.00 |
| 95 <i>Ebi</i> - Prawns | 40.00 |

V - (Vegetarian)

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8004278

www.haruae

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ROBATA YAKI